

CAUSES OF LOW BACK PAIN

CREATED BY STRATA5.CO.UK

STRUCTURAL

Mechanical or non-specific

Facet joint arthritis or dysfunction

Prolapsed intervertebral disc

Annular tear of intervertebral disc

Spondylolysis or
spondylolisthesis

Spinal stenosis

NEOPLASM

Primary or secondary
including multiple myeloma

REFERRED PAIN TO SPINE FROM

Major viscerama

Retroperitoneal
structures

Aorta

Hip

INFECTION

Discitis

Osteomyelitis

Paraspinal abscess

INFLAMMATORY

Spondyloarthropathies

Sacroiliitis or sacroiliac dysfunction

Osteoporotic vertebral collapse

METABOLIC

Pagets disease

Osteomalacea

Hyperparathyroidism