"ONE'S ABILITY TO REMAIN AWARE OF EVERYTHING THAT IS HAPPENING AT THE SAME TIME AND TO INTEGRATE THAT SENSE OF AWARENESS INTO WHAT ONE IS DOING AT THE MOMENT" (HAINES & FLATEAU, 1992) SOME PEOPLE FIND IT USEFUL TO "LISTEN TO THEIR GUT" WHEN THINKING ABOUT SITUATIONAL AWARENESS. YOU MIGHT FIND THIS CHECKLIST USEFUL IN HELPING YOU TO COGNITIVELY UNLOAD, AND MAKE SURE YOU PROJECT FROM LEVEL 1 TO LEVEL 3

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LEVEL 1 AWARENESS

G » GATHER INFORMATION

- » SCAN & SEARCH
- >> PAY ATTENTION,
 AVOID FIXATION ERROR
- » REMAIN WATCHFUL, EXPECT THE UNEXPECTED
- » SHARE THE MENTAL MODEL

LEVEL 2 COMPREHENSION

U » UNDERSTAND THE INFORMATION

- » PATTERN RECOGNITION, INTERPRETATION & EVALUATION
- » COMPARE TO WHAT YOU KNOW & WHAT YOU EXPECT
- » CRITIQUE IT, CONSIDER THE INTEGRITY OF THE INFORMATION
- » DIAGNOSE IT, WHAT DOES IT MEAN?

LEVEL 3 PROJECTION

T » THINK AHEAD

- » EXTRAPOLATE & PROJECT BEYOND THE 'NOW'
- » ASK "WHAT IF?" &

 'BE AHEAD OF THE CURVE'

